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### What We Do

#### VISION

Believing that God brings hope in the midst of relationships, our great hope is for true healing and restoration for every young person.

#### WE ARE COMMITTED TO

Connecting through meaningful relationships. We honor the sacredness and uniqueness of the personal stories of young folks and seek to love them accordingly.

Partnering with our young people. We walk with them as they navigate the challenging structures of society. We use our resources and experience to help them achieve their goals and stability. We grieve with them when they fail and delight with them when they succeed. We provide opportunities for adventure that build community and self-esteem, practice basic skills, and expand their worldview.

Affirming their inherent worth. We communicate through our words and actions their worthiness of fulfillment and belonging. We recognize the importance of diversity of thought, life experience, and identity, and champion diverse representation in our Dropin and team.

## Program Update

During the past quarter, July - September, SYM operated with the weekly schedule below. Read further for specific reports on each program focus.

| Monday  | Tuesday    | Wednesday | Thursday   | Friday  |
|---------|------------|-----------|------------|---------|
|         | Coffee Run |           | Coffee Run |         |
| Drop-in | Drop-in    | Drop-in   | Drop-in    | Drop-in |

#### **Coffee Run**

Coffee Run is SYM's current outreach program that provides a way to serve and engage with our neighbors, including those who may be aged out of typical SYM programming. With many changes underway at SYM this summer, we saw fewer service days than in past quarters, but were still able to meet new neighbors and provide them with resources a few times each month.

|               | July | August | September |
|---------------|------|--------|-----------|
| Days Served   | 6    | 7      | 6         |
| People Served | 113  | 79     | 70        |
| Youth Percent | 18%  | 23%    | 9%        |

### **Drop-in Center**

SYM's Drop-in Center is opened Monday-Friday to provide basic needs to youth and young adults in the U District. This quarter, we saw a 120% increase in Drop-In participants from July 2023 to July 2024. In addition to Drop-In programming, SYM also prioritizes post-Drop-In activities as a way to promote a community of safety and belonging among clients. This summer, activities included a couple outings to the Woodland Park Zoo and a beach day at Magnusun Park.

|                     | July | August | September |
|---------------------|------|--------|-----------|
| Days Open           | 21   | 21     | 19        |
| Total Participants  | 426  | 375    | 355       |
| Unique Participants | 87   | 71     | 72        |
| Daily Average       | 20   | 18     | 19        |

### **Case Management**

This quarter has been a transitional period for the Case Management program at SYM. In September, Grace Zackula joined the SYM team as Case Manager. She is currently meeting with clients and working on

meeting with clients working on intakes

|                        | July | August | September |
|------------------------|------|--------|-----------|
| Number of Interactions | 33   | 29     | 45        |
| Unique Participants    | 13   | 13     | 22        |

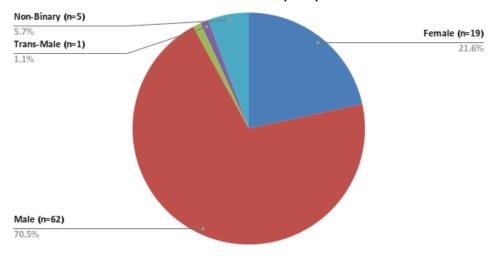
### Who We Serve

### SYM Client Age (n=119)

Range: 18-27 Median Age: 23 Average Age: 24

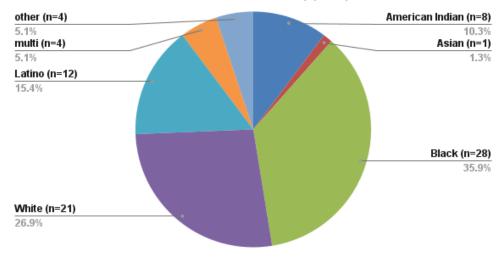
### SYM Clients

Identified Gender (n=88)



#### SYM Clients

Identified Race / Ethnicity (n=78)



### Summer Fun!

Summer at SYM brings new opportunities for client engagement. This summer, two stand-out events included <u>Best Day Ever</u>, held at 415 Westlake in collaboration with local hair stylists, nail techs (two of whom regularly come to Drop-In now to offer nail care and detailed manicures to clients), chefs, artists, baristas and more! The event is run by an organization of the same name and the goal is to have a pop-up location where niche services are all in one spot! We brought a group of clients in July to experience this event, and it brought so much joy and relaxation to our clients because it was something totally out of the "norm". Okay, on to the second stand-out: Wild Waves! A generous donor in our community sent a group of clients and a couple staff members to the theme park and it was a blast. Talk about getting out of the norm!









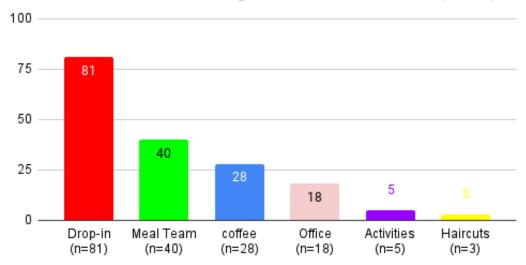




### Volunteer Engagement

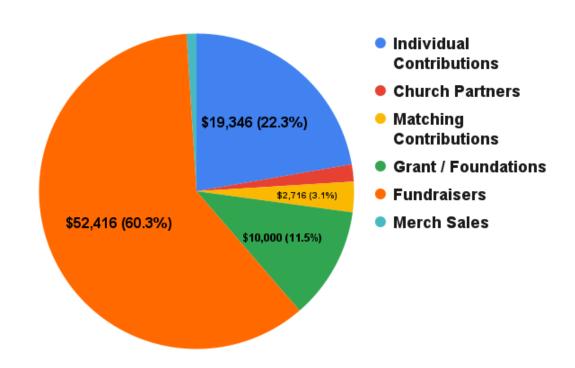
SYM Volunteers

Volunteer Shifts filled during the First Quarter of FY25 (n=175)



### Financial Update

**Giving Totals for Each Contribution Group for Third Quarter** 



# Blog post

GM started couch surfing when he was 15 years old and continued for 4 years until he moved in with a family member. This summer, a friend invited him to SYM hoping it would provide the guidance and community support that he needed. Throughout the summer, GM began coming to SYM Drop-in regularly and participated in outings and activities.

Tragically, in September, his life was further upended when he learned his brother had taken his own life. This devastating loss weighs heavily on him, but he continues to engage at SYM, seeking mentorship and working on a path towards healing.

At SYM, GM is not only looking for emotional support or a safe space, but he also enjoys working out with staff at a gym in order to channel his energy into something positive. GM actively participates in SYM programs and specifically highlighted bingo and lotería, outings, and haircuts as being memorable activities. The atmosphere during these activities was calm and relaxed, and he noted that receiving haircuts in drop-in provides a "welcoming, barbershop-like vibe".

GM continues to return to SYM because of the "genuine assistance and guidance he receives from staff". He says that every time he visits SYM, the staff are always ready to help and celebrate his achievements, "whether it's sharing good news or simply needing encouragement, [he] feels consistently supported by the SYM community, which has helped motivate him to continue striving toward his goals". GM is a person who consistently shows up for himself and for others, and his determination is evident in the goals he sets for himself. Recently, he accomplished one of these goals by securing a job. Now, he is focused on saving up for a car by this spring, a significant step toward independence. GM highlighted that SYM has been a crucial resource in his journey and has helped him get his life more on track. His resilience and drive to build a brighter future has shone through as he works with the SYM community to overcome life's challenges.

Written by SYM Staff members Grace Zackula and Antonio Gomez.

### Acknowledgements

We would like to acknowledge the outstanding effort of our Board of Directors and Volunteers in furthering SYM's mission of offering hope and healing to the young people who come through our doors. We couldn't do it without you!

#### **Board of Directors:**

Lauren Carr Krista Cook Keith Cottrill Jan McClintock Tracy Riser Julie Young

### Drop-in:

Ryan Anderson
Randy Brothers
Malichi Grimes
Bill Hutchinson
Jack Hanscom Roedel
Tracy Riser
Karla Romano
Regi Sanchez
Heather Valencia
Nic Makar
Stellan?

### **Coffee Run:**

Joshua Borichewski Kristi Brumbaugh Keith Cottrill Jack Hanscom Roedel Michael Hill Regi Sanchez Tarin Stefens

### Admin:

Aimie Krull Karla Romano

#### **Meal Team:**

Forrest & Nancy Allard
Sam Lee
Krista Cook
Sonia Gilman
Lauren Jackson
Tracie Jones
Katherine Kim
Carol Miller
Judy Myers
Sarah Pham
Tracy Riser
Karla Romano

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