This Random Act of Kindness is in honor of

Rare Disease Day and the 10<sup>th</sup> Anniversary of the discovery of

Tatton Brown Rahman Syndrome (TBRS)!



## I love someone with a rare disease!

They light up our world with joy, laughter, and spirit. Despite the challenges of TBRS, they embrace each day with courage and an infectious smile.

Children with TBRS face a challenging reality, spending a significant portion of their lives in therapy sessions and doctors' offices, rather than enjoying carefree moments on the playground. As they grow into adults, their problems just become more complex. They need your support to face these challenges with hope!

Want to Pay it Forward? Support the TBRS Challenge!

**About TBRS:** Imagine grappling with a multitude of challenges every single day, which is the reality for individuals with TBRS, a condition that can cause issues like obesity, increased cancer risk, intellectual disabilities, seizures, cardiac defects, regression, autism, psychiatric disorders, and more. It's a complex battle, not against one symptom, but many, profoundly impacting their daily lives. Despite these hurdles, people with TBRS showcase remarkable resilience, thriving as athletes and artists, and inspiring admiration for their strength and perseverance.



scan here
to learn
more about
the
challenge!

**Our Community, Our Strength.** In the warm embrace of the TBRS community, we find solace, support, and shared understanding. Together, we have found hope and support, navigating this journey hand in hand.





scan for more info and to donate!